

# Activity Leadership Apprenticeship - 16 to 18 Years

## Lifetime Health and Fitness

Contact:

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## When Required :

Mon-Fri day

*Details valid from Tue 12 Jan 2010 to Sat 31 Jul 2010*

## Areas of Interest

Sport and Outdoor Activities

## Type of Activity

Sports Development, Teaching, Training and Coaching

## Recruitment Method

Application Form, Informal Discussion

## Description :

Volunteers will complete a 3 week Government funded\* training programme allowing them to gain an industry recognised qualification. Upon completion volunteers (currently not in full time education) will take part in 12 weeks of practical hands on experience where they will learn how to motivate others to enjoy exercise and achieve their fitness goals.

\*conditions and eligibility criteria apply

They will also get the chance to learn about first aid, Health & Safety and Customer Service and gain knowledge about the Industry. Once completed opportunities for further professional development and other career opportunities in the Leisure Industry are also available.

## Skills and Qualifications :

Volunteers should be able to swim 100 metres (for the Activity Leadership Apprenticeship) and have GSCE Maths and English. (Lifetime can support with key skills if a volunteer does not yet possess them.)

<b>Age/Gender Restrictions:</b>	16 to 18 Years
<b>Expenses:</b>	£95 per week can be gained on the 12 week placement
<b>Induction:</b>	Yes
<b>Insurance Cover:</b>	Yes
<b>Support on offer:</b>	A member of Staff will always be around to supervise volunteers
<b>Training:</b>	3 weeks of classroom training followed by 12 weeks on the job training